



Better Mental  
Health Care



Inclusive  
Society



Smarter  
Economy

## **MENTAL HEALTH WEEK**

### **October 7-14**

The Australian Mental Health Party proudly supports mental health week.

Our Party Leader Dr Ben Mullings has spent the past decade campaigning for changes to make mental health care more accessible for all Australians.

**Ben was 14 years old when he was made homeless.**

'I was feeling lost and alone, feeling disconnected from everything and everyone.'

'That experience led me to think about mental health and how it can affect anybody at any time.'

'Our mental health care systems shouldn't be so difficult to navigate or hard to access support'

'The Australian Mental Health Party has a clear vision for positive reform and is dedicated to becoming a political voice on mental well-being for everyone.'

**Dr Mullings will be available for interview during Mental Health Week.**

**Please contact our team on the details below**

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